

SENIOR FELLOWS AND FRIENDS

Alert. Relaxed. Collegial.



Recap of 4/1/25 Session: We talk with Alex Tremble over box lunches in ASPA's conference room



Dear Senior Fellows and Friends,

Alex Tremble joined us for an early dinner in the ASPA 12th floor conference room overlooking DC's Golden Triangle Business Improvement District last Tuesday, accompanied by his wife, Su, and baby Oakkah. A couple of his satisfied clients (now friends) also attended – unsurprising, because that's the effect Alex tends to have on people. After our round of self-introductions, Alex presented the ideas in his new workbook, "Unlocking the Executive Advantage," and we enjoyed the conversation they sparked.

I must confess that I did not take notes, as I'm out of the habit of recapping in-person events. However, this is a special case because Alex is generously sharing the [digital version of the workbook](#) gratis for a few days until his

team goes into publicity mode. If that interests you or would help your mentees, **grab it now.** (If you'd like a moment of fame, you may also post a Google review or email a one-minute video to Alex.Tremble@gpsleadership.org.) Scroll down on that page to read the testimonial by Tinisha Agramonte, Senior Vice President and Global Chief Diversity Officer, The Walt Disney Company – Alex's approach continues to earn notice from executives at global organizations because it gets results. Explore his site, and you may be pleasantly surprised to recognize colleagues who have now moved to Alex's team!

Speaking of high-powered executives, a few participated, as always. Their humility is worth aspiring to. The pleasing thing about the people who come is that grade or rank, age, and position in the hierarchy take a back seat when this network is in session. SFF has always been flat, and our conversations are powered by respect – everyone can learn from what someone else says and even how they behave in the room. Together, we are colleagues dedicated to the public good.

Participant affiliations

American Association for Budget and Program Analysis
American Mental Health Counselors Association
American Society for Public Administration (ASPA)
ASPA National Capital Area Chapter
Charlestown, RI Town Council, Retired
GPS Leadership Solutions
Old Dominion University
UDC School of Engineering and Applied Sciences
U.S. Department of Education, Retired
U.S. Department of Energy, Separated
U.S. Department of Housing and Urban Development (iLab)
U.S. Department of the Air Force
U.S. Government Accountability Office
U.S. Office of Personnel Management, Separated
U.S. Securities and Exchange Commission
Security Specialist, U.S. Government

People joined from the DC/MD/VA Metro Area, Richmond, VA, Wickford, RI, and Colorado Springs, CO.

Each time, we begin with a round of introductions to warm up the space and jumpstart interaction. Afterward, participants are sent a "Who was in the room" message to facilitate ongoing connection. Please consider joining us in the future.

Sincerely,

Kitty Wooley

